

LEGS, BUMS AND TUMS

*Female only fitness
sessions to music*

***Costs only £2 per person
per session***

If you have any questions, please don't
hesitate to get in touch.

This session is currently not running
due to low numbers.

If you would like to put your name
down, please get in touch
Please keep checking back for updates
on times of new sessions.

Thank you and sorry for any
inconvenience this causes.



LOTTERY FUNDED

Great activity for
getting fit and
making new
friends at the
same time.

Forages 5 and
above

All equipment
provided

WARRIORS AT THE
HEART OF THE
COMMUNITY
Manchester Communication
Academy
Silchester Drive
Harpurhey
Manchester
M40 8NT
Tel- 07957429959

abrahammosswarriorsjfc@

yahoo.co.uk